



Legacy High School

LUNCH MENU



All Lunches  
Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May  
Include:  
1% Low-Fat  
Milk

MON	TUES	WED	THURS	FRI
		1 Chicken Alfredo & Texas Toast Green Beans, Celery, Peaches	2 Jalapeno Cheeseburger French Fries, Fresh Broccoli, Apple Juice	3 Buffalo Mac & Cheese Steamed Broccoli, Cucumber, Banana
6 Chili Cheese Crisпитos with Rice & Corn Salad Refried Beans, Baby Carrots, Mixed Fruit	7 Buffalo Chicken Cauliflower Fries with Roll Green Beans, Fresh Broccoli, Pears	8 General Tso Chicken with Rice Steamed Broccoli, Celery Sticks, Peaches	9 Waffles with Turkey Sausage Links Tater Tots, Red Peppers, Applesauce	10 Country Fried Steak with Biscuit Sweet Corn, Fresh Cucumber, Strawberry Cup
13 Fish Taco with Siracha Slaw Mexicali Corn, Baby Carrots, Mixed Fruit	14 Spaghetti with Meatballs Mixed Vegetables, Red Pepper, Fruit Juice	15 Chicken Tenders & Fries with Biscuit Green Beans, Celery, Peaches	16 Salisbury Steak Mashed Potatoes, Romaine, Applesauce	17 Spicy Chicken Popper Basket Steamed Broccoli, Cucumber, Banana
20 Thanksgiving Break	21 Thanksgiving Break	22 Thanksgiving Break	23 Thanksgiving Break	24 Thanksgiving Break
27 BBQ Chicken Flatbread Green Beans, Baby Carrots, Mixed Fruit	28 Chicken Tikka Masala with Rice Broccoli, Celery Sticks, Pears	29 Country Chicken Bowl with Roll Sweet Corn, Red Peppers, Peaches	30 Cheesy Baked Penne with Breadstick Seasoned Peas, Cucumber, Applesauce	

Menus are subject to change.



WEEKLY PICKS:

PIZZA: Cheese or Pepperoni

GRILL: Spicy Chicken, Chicken Patty

EXPRESS: Ham or Turkey Subs, Cold Packs or Salads



This institution is an equal opportunity provider.

Powering potential.